

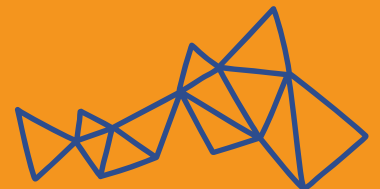
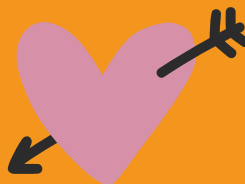


LET'S CREATE PACK

hello



you



Welcome to your Let's Create art pack, we hope you enjoy exploring the activities and materials inside!

This pack has been put together so you can try lots of creative activities and experiment with different art materials at a time when we can't do the things we would normally do.

We have split the pack into different age groups to help you navigate it easily and each activity has step by step instructions. The age groups and images of the finished activities are just a guide, everyone's creations are different and there is no right or wrong. So let your imagination run wild, explore the pack, play with the materials and most of all have fun!

West Cumbria Carers are creating a virtual gallery (for young carers and their families only) and we'd love to see photos of your artwork. It would be great if you, or your parents, could share them with us by emailing them to general@westcumbriacarers.co.uk so we can include them in our online exhibition and share them on social media. Please note only the art work and first names will be included in the exhibition, by sending us the picture of your art work and name you are consenting to us sharing them in our gallery on our website and social media.

You can also share them with us with us on Social Media by using the #LetsCreate and tagging our accounts:



Facebook @westcumbriacarers



Twitter @wcumbriacarers



Instagram @wcumbriacarers

Closing date for submitting work to West Cumbria Carers is 28 August 2020.

Many other organisations in this booklet are inviting you to submit work to them, please ask permission from your parents to do this and get them to help you.

Note to parents/guardians

It is the responsibility of parents/ guardian to give permission and supervise any uploads/submissions of art work to any of the organisations in this booklet.



Morland Makes

ALL
AGES

PAPER PEOPLE CHAIN

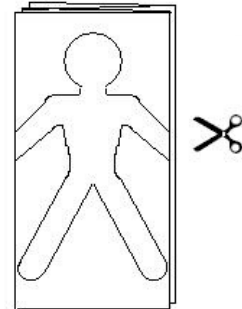
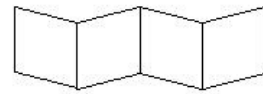
You will need...

- Paper
- Scissors
- Pens



Instructions

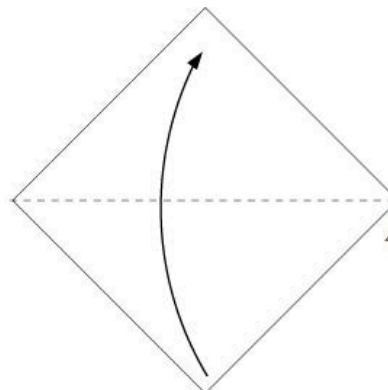
1. Fold paper, accordion-fashion. The number of folds in the paper determines the number of people in the chain.
2. On the top piece of the folded paper, draw a person whose hands extend to touch the folds of the paper on each side.
3. Carefully cut around the person, making sure not to cut where the hands meet the folds.
4. Open up the paper and you will have a chain of several people holding hands.
5. Colour them in with pens, make different expressions on each face, or create a themed group. If you'd like to, make your family!



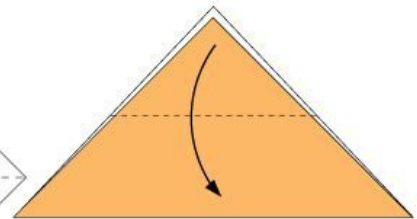
ORIGAMI FOX

You will need...

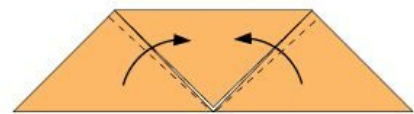
- A piece of paper cut into a perfect square
- Scissors
- A black pen



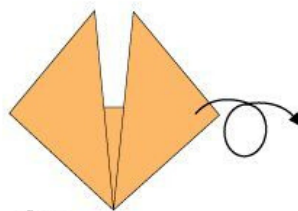
1 Fold in half



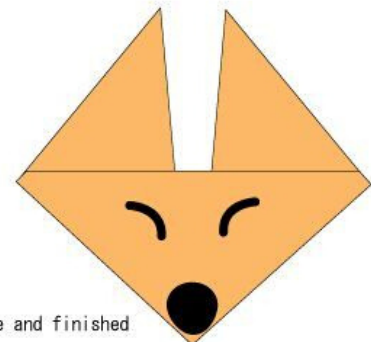
2 Fold in the dotted line



4 Fold in the dotted line



3 Turn over



5 Draw eyes, a nose and finished



thestudiomorland.co.uk



Draw Me!

50 silly drawing prompts to challenge each other to!

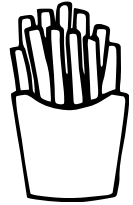
ANIMALS

- Draw a llama surfing.
- Draw a fish swimming in something other than water.
- Combine two animals to create a new one.
- Draw a shark eating a cupcake.
- Draw a crab at a birthday party.
- Draw a seahorse in a blizzard.
- Draw a dinosaur crying.
- Draw an animal with arms for legs and legs for arms.
- Draw a pug on a treadmill.
- Draw a horse throwing a horseshoe.
- Draw a shark waterskiing.
- Draw a walrus in a beach chair.
- Draw a circus elephant standing on a ball.
- Draw a koala bear sitting on a trash can.
- Draw a lizard putting on lipstick.
- Draw a squirrel roasting a marshmallow.
- Draw an octopus with spoons for legs.
- Draw a mouse riding a motorcycle.
- Draw a flamingo doing ballet.
- Draw a butterfly eating a steak
- Draw a cat chasing a dog.
- Draw a lobster dancing.
- Draw a cat playing a sport.
- Draw a chicken skydiving.
- Draw a sheep upside down.



FOOD

- Draw a piece of fruit in outer space.
- Draw a pepper lifting weights.
- Draw a loaf of bread at a disco.
- Draw a rainstorm of sprinkles.
- Draw french fries on a rollercoaster.
- Draw a food eating another food.
- Draw a walking taco.
- Draw chicken wings flying.
- Draw a banana slipping on banana peels.
- Draw a cookie with googly eyes.
- Draw a pineapple rollerblading.
- Draw a piece of asparagus snowboarding.
- Draw an annoying orange.
- Draw a donut riding a skateboard.
- Draw a turkey leg eating a turkey sandwich.
- Draw a cheeseburger wearing a dress.
- Draw a banana in pyjamas.
- Draw a sandwich on holiday.
- Draw an apple talking to your teacher.
- Draw a hot dog flying.
- Draw a lemon making orange juice.
- Draw an ice cream cone eating a Popsicle.
- Draw a garden of lollipops.
- Draw a broccoli up a mountain.
- Draw a classroom full of spaghetti people.



Draw Me Challenges:



- Get everyone in your family to draw the same thing - and then compare pictures
- Lucky dip - close your eyes and point at the list - you then have to draw that thing!
- Give everyone a time limit to complete their drawings and then compare
- Speed draw! Only spend one minute drawing each item.

Share your pictures with us: thestudiomorland@gmail.com

theartofeducation.edu

thestudiomorland.co.uk

Finding space in silence



Does everything seem LOUD (but quiet) at the moment?

From the whirring of the washing machine and the grumble of the Hoover to the ping ping ping of phones and the chitter chatter of other voices when you don't want to talk: we are stuck inside with so much noise. Then when it all stops and you are alone, the silence seems too loud too. Where is the sound of cars? The voices of children playing in the streets outside? It's hard that silence has changed.

BlueJam is a music organisation at heart. Is it strange to be a music organisation longing for spaces to be quiet? No - we always start a piece of music from silence - this is why we are teaming up with Jess from Growing Poetry to find that quiet place from where our imagination can emerge.

We need to find space in the silence. It's become more important than ever.

I find space in the silence.

The moment before the breath takes hold
and the gaps begin to sizzle
and the words overlap
and build pressure as they mingle

I find space in the in between.

Before it's a crescendo
that's said too much and I'm
red hot burnt by the constant influx
of waves of sound and chatter and words

When the world is always forte
do you shout to be heard?

I find space in peace and quiet
In the pause between the in breath
In the synchronicity of silence
of a room that is just happy
to pause. And be.

Could you join me?

- Jessica Boatright -

A stream of consciousness poem written a long time ago in a moment where the noise was too much!

If you'd like to find that quiet place. Put down your screen, pick up a pen and join us.

Collect some coloured pens or pencils, paper and something to lean on whilst you write and draw. Find a place in your house that you don't sit in normally (maybe its the corner of the kitchen, a spot in the hallway, a chair in the garden) and make it cozy with cushions and blankets. Make sure you are comfy and it is quiet. You can then choose to try as many of the exercises as you would like. Choose the ones that make your brain flutter with ideas, that will take you into new worlds or help you explore this one.

These activities are suitable for people of all ages, from children to older people. If writing is difficult, use a voice recorder or draw pictures instead. Take your time and focus on the process not the end product. There are no rules - this is your time. For our poet Jess she sometimes finds that playing some calm music can help set your brain up for creating, but this is optional and completely personal preference. This is the playlist she uses:

<https://tinyurl.com/writingplaylist>



1. Fill in the gaps to make a poem:

When I am free I feel like...
When I am free I smell...
When I am free I touch...
When I am free I hear...
When I am free I see...
When I am free I go...

VARIATIONS

- You can swap the word 'Free' e.g. When I am older, when I am tall, when I am angry, when I am sad etc
- You can just choose one of these sentences and answer it differently each time

2. How do you get to your imagination? Show or tell w the journey you take. Where do you go once you're inside your imagination?

3. Describe the world to a baby who has been born whilst we can't go outside. Make sure to include the best bits!

4. What does quiet mean to you?

5. Tell me the story of the angry red child



Freedom sounds like...	The taste of air	Home is where...
Inside these four walls...	Noise is everywhere...	Her shoes do not fit any more
Do not touch...	I want to go...	If doors had eyes
I find space...	The safest place	Falling through the pavement
The new normal...	His garden	The quiet smells like...
The sound of silence...	Through cats eyes...	Only small thoughts

6. What makes your eyes smile?



Free Writes

On one of the starters below write what comes into your head for three minutes without taking the pen off the paper. If your mind goes blank write 'I am writing, I am writing' until you pick up your train of thought. Do this for as many phrases or concepts as you like. You can free draw these if you prefer.

From your pieces of free writing now mine for gold (pick out a few phrases/sentences/combinations of words that you have written within the free write that you love). Write these down these golden phrases on a separate piece of paper. Now, write a poem for each one of them - you can use the phrases as the beginning line or within the poem or just a point to jump from. Do not think about rhyming or structure - let the words flow from your pen and speak. After it is written you can put in a few edits if you'd like to and then handwrite your final version. Accompany with a drawing if you'd like to!

WHEN YOU HAVE FINISHED

Parents! If you use social media, please take photos and share with us your child's creations when they're finished!

#LetsCreate

@bluejamartspace

@bluejamarts

Artist **AMY JOHNSON** was based at Florence Arts Centre for two weeks in February for her project Tell us your story. You can see more about it on the FAC website. Here Amy offers some tips on how to think about places and presents your opportunity to see your own work exhibited at FAC later this year.

MATERIALS: A camera (any camera: phone camera, digital camera, or film camera), pen and paper
Close your eyes and think of a place. Somewhere special to you. It can be somewhere busy and well known, like a town centre, or it can be something quieter and off the beaten track, like a corner of your local park.

Places are more than a backdrop; they can become an important part of your story. We haven't been able to go out as freely during lockdown. For some people, it's a relief to be safe at home, for others its been very difficult to be away from our favourite places. For this task, we would like you to photograph a place that means something to you. It can be close to home, or further afield, as long as its important to you. The photograph can be taken on your phone or using a camera.

Florence Arts Centre is based on the site of an old iron ore mine. The mine started operation in 1914 and reopened as an arts centre in 2011. It is an important place to many people in the community and contains many memories. Amy took a series of photographs to try and show how the site has changed over the years and still contains many important memories for the community. For your photographs, you can take one photograph (see example 1) or a series of 3 photographs (see example 2).

THINK ABOUT:

- If you take one photo, try to be bold and think about the main important features of the place.
- If you take a series of photos, try to get details and textures.
- Do you want it to be colour or black and white? This can change the mood of your photographs.
- Do you want the pictures to be landscape or portrait?

Alternatively, you might want to express your place in words in a poem.

Try these websites for ideas about how to structure your words.

<https://poetrysociety.org.uk/young-poets/>

<https://www.familyfriendpoems.com/poems/other/haiku/>

Parents! If you use social media, please take photos and share with us your child's creations when they're finished!

#LetsCreate

 @florenceartscentre  @artsflorence  @florencearts

In the Autumn, your work will be displayed at Florence Arts Centre.



Example 1

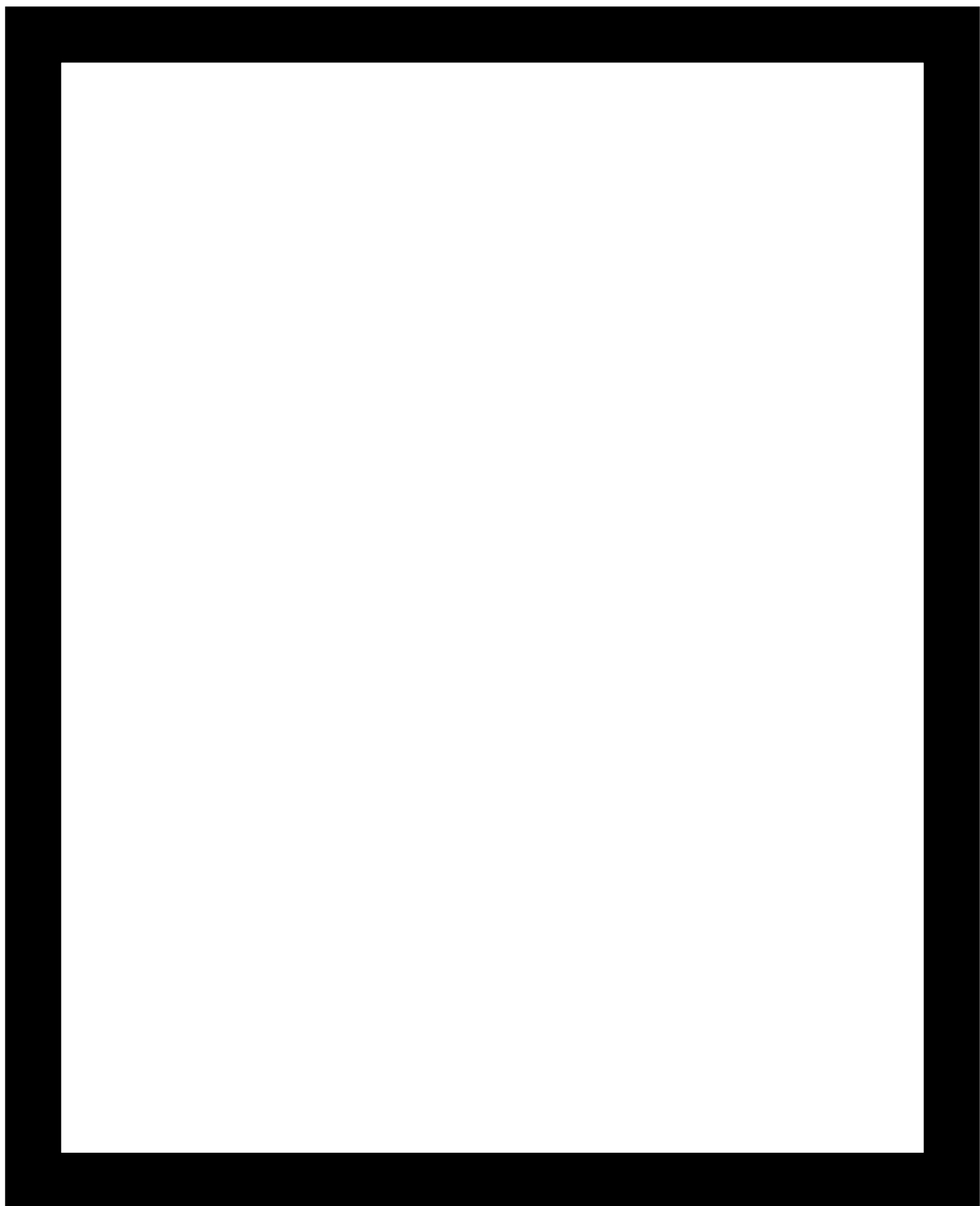


Example 2



FLORENCE ARTS CENTRE
FLORENCE MINE, EGREMONT, CUMBRIA, CA22 2NR
FLORENCE@FLORENCEARTSCENTRE.COM | 01946 824946





We want to put your artwork in the Frame, so use this page to draw or collage (use paper to create shapes and build up a picture on the paper) your very own picture. It can be landscape or portrait and may be a picture of something in your home or garden, the view from your window or a place nearby. You might find inspiration from other activities in the booklet or use your imagination to create something entirely unique!





Just Breathe

Deep breathing helps everyone to relax and focus their thoughts. The more you do it, the easier it becomes. Use the exercise below to practice controlling your breathing, then put it into practice the next time you are feeling angry or anxious or out of control to help you calm down.

CALM DOWN WITH TAKE 5 BREATHING



1. Stretch your hand out like a star.
2. Get the pointer finger of your other hand ready to trace your fingers up and down.
3. Slide up each finger slowly ~ slide down the other side.
4. Breathe in through your nose ~ out through your mouth.
5. Put it together and breathe in as you slide up and breathe out as you slide down.

Keep going until you have finished tracing your hand.

Parents! If you use social media, please take photos and share with us your child's creations when they're finished! #LetsCreate

childhood101.com



@the StudioMorland



@StudioMorland



@theStudioMorland



Picasso Inspired Mask Making!



ALL
AGES

Pablo Picasso was a Spanish painter, sculptor, printmaker, ceramicist and theatre designer who spent most of his adult life in France. Regarded as one of the most influential artists of the 20th century, he is known for co-founding the Cubist movement, the invention of constructed sculpture, the co-invention of collage, and for the wide variety of styles that he helped develop and explore. Find out more: <https://www.tate.org.uk/art/artists/pablo-picasso-1767>



Step 1 - Gather any scraps of cardboard you have around the house. You will need your white card from your pack or any card or cereal boxes you have around the house.

Step 2 - Cut out interesting shapes, thinking of head shape, nose shape, mouth shape, eye shapes and ears. Make them as weird and whacky as possible.

Step 3 - Colour your shapes using the pens and pencils from your pack. Choose bright colours like Picasso and try out solid colour as well as patterns. Have fun. Be as creative as you like.

Step 4 - Play with placing your face pieces on your head shape.

Try placing them where they shouldn't go. Have one eye higher



than the other. Have a nose coming off the side of your head. Have fun. Channel your inner Picasso!

Step 5 - Once you are happy with the position of your pieces glue them into place.

Step 6 - Admire your amazing Picasso inspired mask!

Parents! If you use social media, please take photos and share with us your child's creations when they're finished! #letscreate



@peopleatprism



@peopleatprism

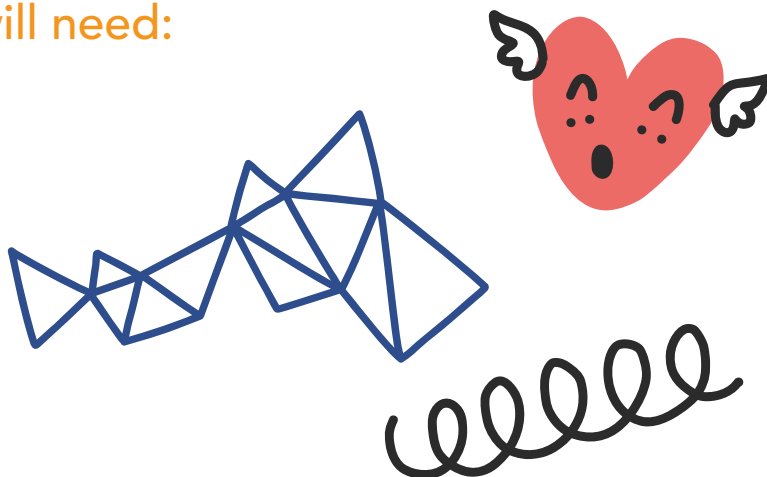


@peopleatprism

PAPER PLATE BIRDS

For Paper Plate Birds you will need:

- ✧ White cardboard
- ✧ Googly eyes
- ✧ Coloured card
- ✧ Feathers
- ✧ Tissue paper
- ✧ Coloured pens or pencils
- ✧ Glue
- ✧ Scissors



Step 1 – Get a sheet of white cardboard from your art pack. Find a circle template to draw around (this could be a plate, plant pot, saucepan) and then cut your circle out.

Step 2 – using your coloured pens or pencils colour your circle in. Now fold your circle in half with the coloured side facing out.

Step 3 – For the beak you will need to cut a diamond shape out of coloured card. Fold the diamond shape in half to make a triangle and stick it onto your bird.

Step 4 - For the tail, tear long thin strips of the tissue paper and fold them in half. Stick them to your bird.

Make sure you decorate both sides and then you're done!

Parents! If you use social media, please take photos and share with us your child's creations when they're finished!

#letscreate

 @handpickedproductionscumbria  @handpickedproductionscumbria



The great poet William Wordsworth was born 250 years ago in Cockermouth. He spent the first 8 years of his life there before moving to Hawkshead.

In many of his poems he talks about the wild flowers he would see on his many walks.

We're challenging you to find some of the flowers he mentions. We'll add your pictures of your finds to our online gallery.

We've selected some fairly common plants, which you should be able to find out and about in Cumbria this summer - or maybe in your own garden.

Parents! If you use social media, please take photos and share with us your child's creations when they're finished!

#LetsCreate

 @kirkgatearts  @kirkgatearts  @kirkgatearts

CAN YOU FIND ALL FIVE?

DAISY



Flowering: March – October

Where to find it: short grassland, meadows

Probably our best-known and most common wild flower.

The name comes from 'days eye', because the flowers tend to open when the sun comes up, and close when it sets.

FOXGLOVE

Flowering: June - September

Where to find it: open woodland, hedgerows, waste land, moorland

Tall spikes of striking dark pink flowers. All parts of the plant are poisonous. But it can be used to make medicine to treat heart conditions.

HONEYSUCKLE

Flowering: June to September

Where to find it: hedgerows, scrub, woodland

Climbs clockwise round the stems and branches of other plant. The white or creamy flowers, with a tinge of pink, give off a delicious sweet smell, particularly on a warm evening.



BINDWEED

Flowering: June - September

Where to find it: trailing or creeping up other plants on waste or cultivated ground

With flowers like the end of a trumpet, either white or tinged with pink, the bindweed climbs up other plants, and can become a pest in gardens.



WILD ROSE (DOG ROSE)

Flowering: May to August

Where to find it: hedgerows, edges of woodland, scrubland

A thorny climber, which can reach high up into tall trees. There are many varieties of wild rose - we're not going to be too picky about which one you find!



Send us a photo or a drawing of each of your finds or any other flowers you find.

Tell us: Your name, Your age, Where did you find this plant?

Email to enquiries@thekirkgate.com - or post to Wordsworth Flowers, The Kirkgate Centre, Kirkgate, Cockermouth CA13 9PJ

The Cockermouth Heritage Group has made an exhibition of the places William would have known as he was growing up in the town - many of which you can still see today.

See it on our website at <https://bit.ly/WordworthCmth>

CHECK LIST

FOUND

RECORDED

DAISY

☐☐

FOXGLOVE

☐☐

HONEYSUCKLE

☐☐

BINDWEED

☐☐

WILD ROSE

☐☐

Flying High

wordsworth
GRASMERE

William Wordsworth was a poet who wrote lots of poems about the natural world and how much good it could do. He liked going for walks in the country and would often record the birds he saw.




Wordsworth wrote a poem about a skylark flying high in the air and wanting to join it himself. The skylark is known for singing while flying very high in the sky. They are often hard to see, but they have a beautiful song. Sometimes they can sing for 2 minutes without stopping! This is the first verse of *To a Skylark* written by Wordsworth in 1815

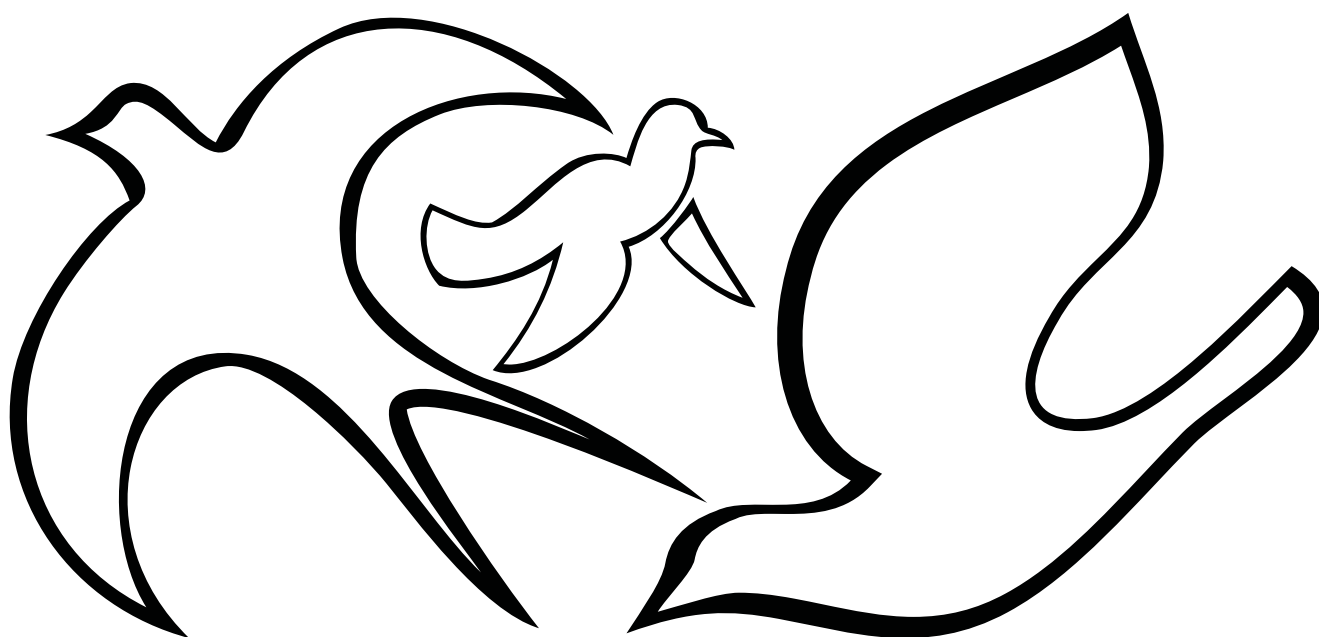
Up with me! up with me into the clouds!
For thy song, Lark, is strong;
Up with me, up with me into the clouds!
Singing, singing
With all the heavens about thee ringing,
Lift me, guide me till I find
That spot which seems so to thy mind!

If you sit quietly in your garden you may see lots of different birds. All birds fly in different ways. Some fly high in the sky and swoop down to catch their food; some birds hover at the same level for minutes at a time and don't flap their wings; some birds circle up and down very fast!

Think of how you feel when you see the birds flying through the sky fill the birds below with words to describe how you feel. Draw a picture of your favourite bird or birds.

Parents! If you use social media, please take photos and share with us your child's creations when they're finished! #LetsCreate

 @WordsworthGrasmere  @WordsworthGras  @wordsworthgrasmere





Rosehill Theatre, near Whitehaven, presents a varied programme for all ages, from films and craft sessions to music, comedy and drama. Our Creative Connections programme of workshops, exhibitions and talks with schools and local communities is inspired by the collaboration between stage and film designer Oliver Messel and silk merchant Sir Nicholas Sekers, who established the theatre in 1959. The partnership also led to the creation of fabrics used through-out the fashion industry. **See rosehilltheatre.co.uk for more details.**

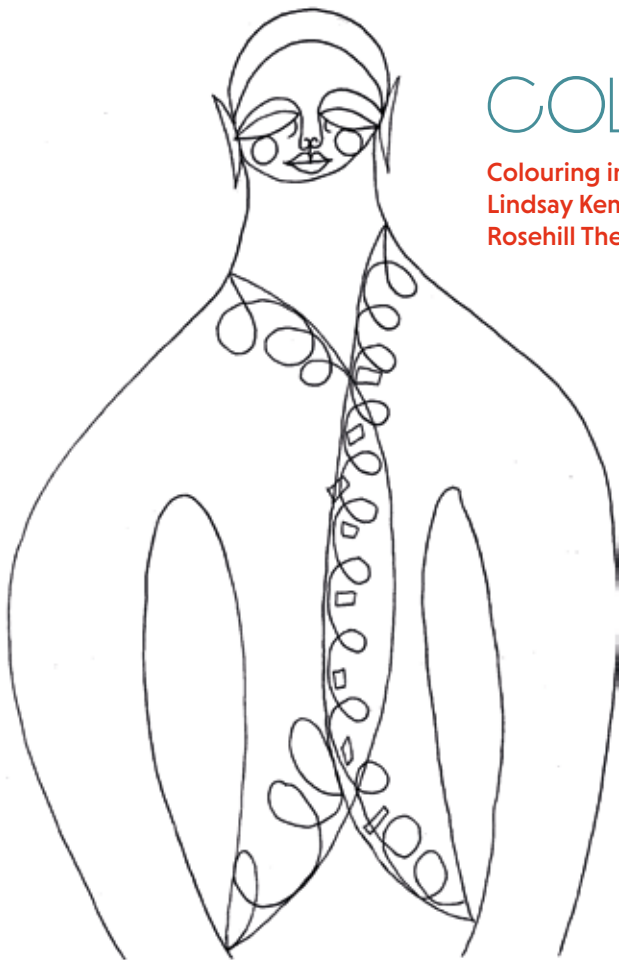
Parents! If you use social media, please take photos and share with us your child's creations when they're finished! #LetsCreate

 @Rosehilltheatre  @Rosehilltheatre  @rosehilltheatre



HARLEQUIN CARNIVAL

Costume design by Lindsay Kemp for Pierot in Turquoise

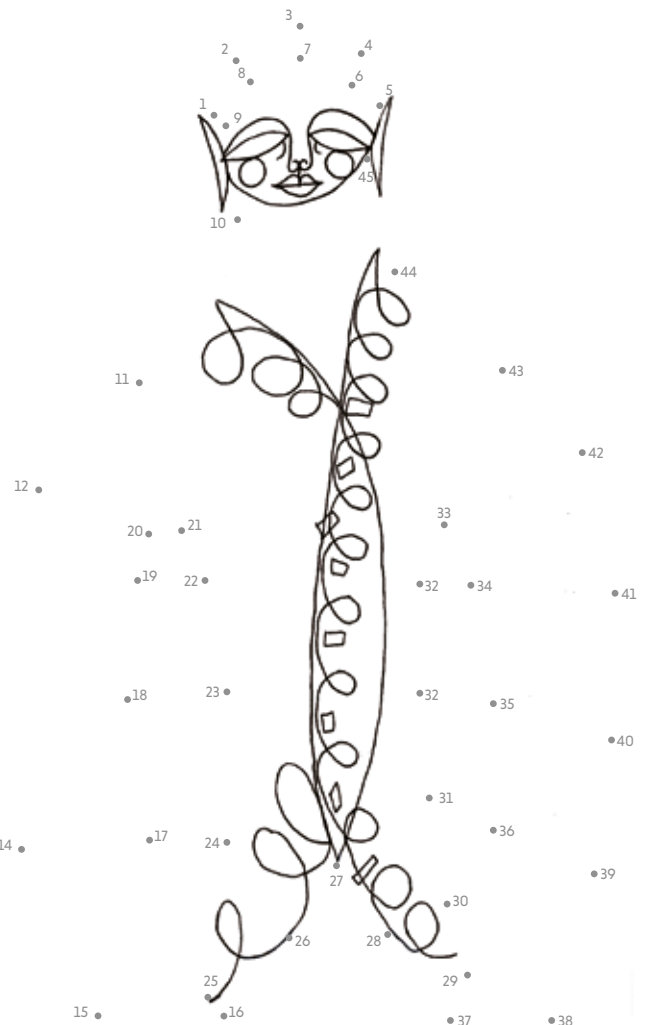


COLOUR IN

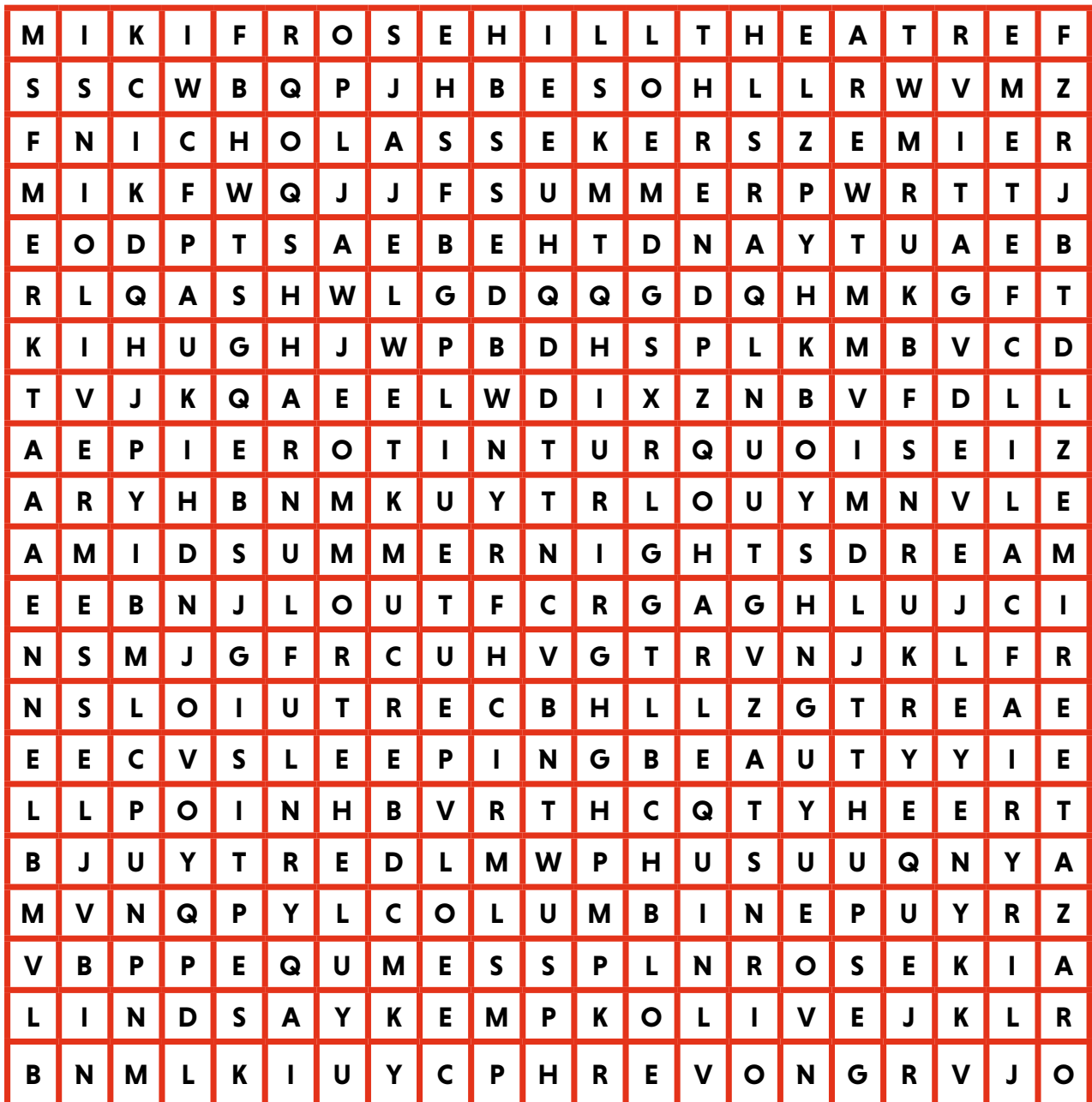
Colouring in sheet based on costume designs by Lindsay Kemp for Pierot in Turquoise, performed at Rosehill Theatre in 1968

DOT TO DOT

Join the dots to find the costume design



WORDSEARCH



NICHOLAS SEKERS

MIKI

LINDSAY KEMP

OLIVER MESSEL

ROSEHILL THEATRE

BEAUTY AND THE BEAST

ZEMIERE ET AZAR

SLEEPING BEAUTY

A MIDSUMMER NIGHTS DREAM

PIEROT IN TURQUOISE

COLUMBINE

HARLEQUIN

LILAC FAIRY



SPOT THE DIFFERENCE

Design for Rosehill Theatre by Oliver Messel

Can you spot the 10 differences??



rosehilltheatre.co.uk



Theatre by the Lake is said to be 'the most beautifully located and friendly theatre in Britain.' We make plays and invite dancers, opera singers, mountain climbers, comedians and many other artists to entertain people each year. We also have a theatre group just for you! From the age of 7 you can join in and learn all about the theatre, on stage or backstage.

Whilst the theatre is currently closed due to the pandemic, it is continuing with a programme of artistic activity online in the interim, and is intending to reopen in 2021 with a community exhibition.

MAKE A LEAF

Take a piece of A5 paper (roughly 15cms by 20cms), fold it down the middle longways.

Cut a shape, along the loose ends (not on the fold) to create the shape of the leaf.

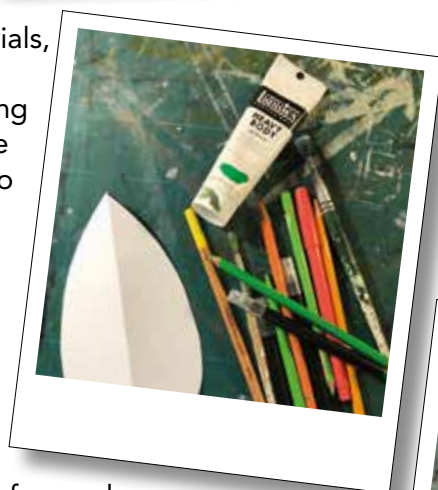
4-8YR
8-11YR



Fill it in! Draw or collage. Any materials, any colours: use your imagination. Life after lockdown? What are looking forward too and how do you see the future? What has lockdown meant to you?

Post it to: Community Exhibition, Theatre by the Lake, Lake Road, Keswick, Cumbria, CA12 5DJ. Be sure to give us your name and age and a way to contact you.

We want as many leaves as possible for our large tree sculpture installation, as part of our community exhibition when the theatre reopens.



11-13YR

MAKE A SCULPTURE

We would like you to create a mini sculpture that tells us about you and your life. What has lockdown been like for you? What has been good about lockdown? What did you not like or what did you miss? What do you hope will happen in the future? How do you think the world might change?



Use what you can find at home. We would like you to use only recycled materials and keep it environmentally friendly. Start by emptying your recycling bin. Dig out some crayons, paints, tape, glue, paper and pens – whatever you have lying round the house. Re-use and re-purpose: use your imagination!

Find a box/container that's maximum size 25cm by 25cm by 25cm and minimum size 10cm by 10cm by 10cm. This is to ensure we can fit them all in the exhibition. It could be an old icecream tub, plastic container, cardboard box etc.

Using whatever adaptable recycled materials you have, any art supplies and your imagination, get creative...

Drop it off at Theatre by the Lake, Lake Road, Keswick, Cumbria CA12 5DJ. From 9am to 4pm on the following specified dates our atrium (the glass entrance at the very front of the building) will be open with a box for community exhibition sculptures: Mon 27, Tue 28 & Wed 29 July, Mon 24, Tue 25 & Wed 26 Aug, and Mon 28, Tue 29 & Wed 30 Sept. Be sure to label your piece, giving us your name and age and a way to contact you. And if you'd like to tell us a bit more about your creation, that would also be fab!

10 LINE PLAYS: INSPIRATION & IDEAS

We asked some of our Cumbrian Creatives to come up with their own 10 line plays – here are some examples from Helen Openshaw, Daneka Etchells and Alex Bailey.

Have a think about: what you missed in lockdown, a memorable time in lockdown (a happy or sad or surprising or moving moment or story), what was positive about lockdown, what you've learnt or discovered about yourself or your family or your friends, what you think society has learnt or discovered, a specific day in lockdown, what you see in the future/ what you want for the future, how you think the world might change – for the better or worse etc.

11-18YR

Hopefully something here will spark an idea! Have a go and send it in to us: community.exhibition@theatrebythelake.com with the subject line '10 Line Play.' We can't wait to read them!

A busy school corridor full of chatter.

Sitting on the bus on a rainy day.

Mucking around by the river in the bright sunshine,
knowing that we can plan and it won't be cancelled.

Hanging round town, lunch at McDonalds,
heading home, no worries, no daily figures.

A proper routine, deadlines to meet,
Homework tasks and challenges set by teachers we can see.

Talking, taking selfies, laughing together.

This is what I hope for.



hi

Hello

One hundred and six days since someone last touched me.

I don't know what that means, but it means something.

I hugged a house plant yesterday.

I told my orchid I loved it.

Pretty sure the next person who picks off a piece of fluff off my jumper I will run off to Vegas with and marry.

I've always hated those giant teddy bears.

I don't know if it's delirium or desperation or compassion but suddenly I understand why people have them.

When I drop my grandma's shopping off I see her wanting to reach out to hug me and I want to hug her too.

I wonder if we'll hug people as a greeting anymore. Base more and more of our connection with people off a screen.

I hope not.

Manchester. Liverpool. Leicester. London. Berlin. South America. Indonesia.

Anywhere that isn't the four walls, one floor and one roof that holds me in.

Pacing around.

Three paces left, three paces right. Downstairs, upstairs. Repeat.

As I'm messaging my friends, using the conveniently installed 5g tower down the road, there is some key ingredient missing.

The peak of a Wainwright?

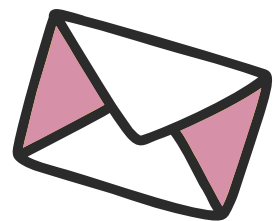
A train ticket to see a loved one?

A cross on a calendar to look forward to.

Thinking of my grandma, and her determination not to leave her even smaller space, makes me quickly realise that those plans can wait.

But it'll be all the more better when they come.

Hi



Parents! If you use social media, please take photos and share with us your child's creations as they're making them and when they're finished!

#LetsCreate

#TBTLCommunityExhibition

#TBTLlifeafterlockdown

@TBTLake (Facebook, Twitter & Instagram)



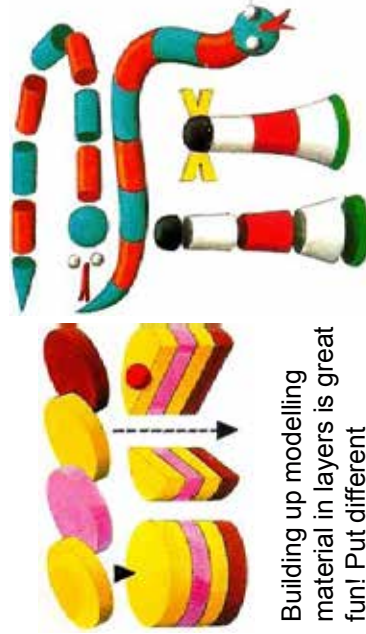
Modelling Materials



Leaflet



3. Layering



Building up modelling material in layers is great fun! Put different

coloured circles on top of each other and you have an amazing cake to cut into. You can even put a modelling material cherry on top!

Stick different coloured modelling material logs together and you can make a super snake or a lovely lighthouse.



1. First of All

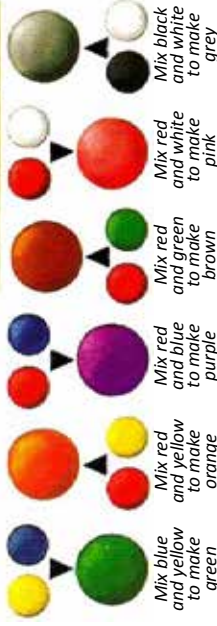
Learn how to make these simple shapes. You will be able to use them in lots of different ways to build up super models. They are very easy to make with your hands or simple tools like a plastic knife or a pencil. Never use sharp knives or scissors - they can be dangerous.



2. Colour Mixing

Modelling material colours can easily be mixed to make lots more colours. By moulding two or more colours together in your hands you can get a marble effect with streaks and swirls in it. When you mix them up

completely you will get brand new colours.



5. Press a Pattern



There are lots of things you will find around the house to help you press a pattern into your modelling material. You can use a key, a coin, a comb, a pencil and lots

of other things. You will always get a perfect picture in the modelling material. Why not see how many things you can think of to use to make patterns?

4. Making Pictures

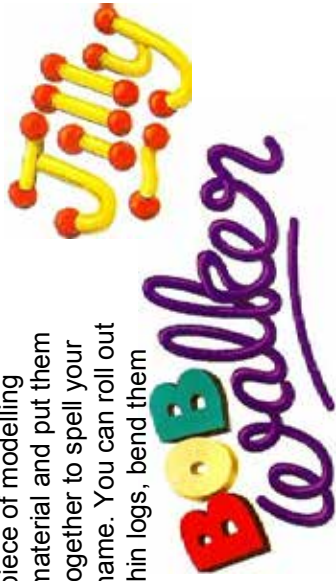
It's easy to make 3-D pictures with modelling material. Roll out a large flat square of modelling material or use a square of card or thin wood. Build your picture up on it by cutting out the shapes



you want from flat pieces' of modelling material and sticking them on to the square. You can make pictures of houses, funny faces or anything you want.

6. Letters

Modelling material can easily be made into all the letters of the alphabet. You can even write your name with modelling material. Simply cut out the letters from a flat piece of modelling material and put them together to spell your name. You can roll out thin logs, bend them



7. Moon City

Making a model like Moon City is easy with modelling material.



Make lots of simple shapes out of modelling material and you can build them up into anything you want like this model of Moon City. It's made up of logs, balls, blocks and simple cut-out shapes put together. You can make anything you like out of modelling material.

8. Fruit Bowl



You can make yourself a bowl of fruit that looks good enough to eat with modelling material. Simply cut the shapes out of flat pieces of modelling material, and put them together to make a super 3-D picture. In the same way you can make bowls of flowers, pot plants, trees and bushes.

9. Animal Fun

You can have great fun making funny animals out of modelling material. You can make mad monsters in all shapes and sizes, pet dogs, funny frogs - in fact why not have a competition with your friends to see who can make the funniest animal? You can also



10. Mosaics

A mosaic is simply a picture made up of lots of small pieces. Modelling material mosaics are very simple to do. Make lots of little modelling material balls and



build them up bit by bit to make any sort of pattern or picture you like. When you have finished you can press them flat to fix them firmly in place. You can also cut out small square tiles and put them together in the same way.

Washing Instructions

Modelling material can be removed from most fabrics. In the unlikely event of modelling material sticking to clothes or carpets the following steps are advised:

1. Please check any cleaning instructions on the item from which modelling material is to be removed. If the item requires dry cleaning consult a reputable cleaner before proceeding.
2. Remove excess modelling material from the garment or carpet.
3. Using a small nail brush and cold water, wash out the remaining modelling material.
4. A small amount of washing up liquid will assist you in restoring your carpet or garment to its original condition.



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Y

IS FOR WHO ARE YOU?



This belongs to you.

Use it to write your thoughts
and experiences of today and
your ideas for tomorrow.

THINK ABOUT WHAT IT IS
LIKE TO BE YOU IN THE WORLD.

Name

Favourite game

Favourite music

Favourite hairstyle

Best thing about weekends

My future ambition

A dream for our future world

Y

IS FOR WHO ARE YOU?

This activity is about:

**EMPATHY
IDENTITY**

**DIFFERENCES
SIMILARITIES**

The ability to understand and share the feelings of another is called empathy.

There are many things that make you different to other people. There are also many things that make you the same. Some differences can be seen, and some cannot. Some similarities can be seen, and some cannot.

Think for a minute about everything that makes you YOU, the visible and invisible things.

Now think of a friend. Think about everything that makes them THEM, the visible and invisible things.

Think for example of the clothes they like wearing or the things they carry with them, something nice they did for you or what games they like.

Draw these things here to create a portrait of your friend.

Note:
There is no right or wrong
way to do this activity.
This is for YOU.
YOUR voice, ideas and
feelings matter.

ENJOY ART WHEREVER YOU ARE.
You can see artworks at [tate.org.uk](https://www.tate.org.uk)

TATE

DOODLE AND THOUGHTS

Let your imagination run free!



This booklet has been generously supported
by the following organisations

